

Workshop on Distance/Blended Learning

“Get Started, Keep Moving”



26th - 30th October, 2015

Fairfield by Marriott Hotel

Hosted by

Institute of Public Health, Bengaluru

Institute of Tropical Medicine, Belgium



A Quick Note

We are pleased to have you participate in the e-learning workshop and do hope you enjoy your stay in Bengaluru, India

This document contains logistic information related to your stay and travel in Bengaluru. It will provide you with information related to the arrangements made and what you can look forward to during your stay.



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For more details, visit www.iphindia.org.

Karnataka



Karnataka is a southern Indian state with Bengaluru as the capital city. With 61 million inhabitants, Karnataka is the eighth largest state by population. It was constituted as a state in 1956, after India's independence in 1947. Earlier known as the state of Mysore, it was renamed as 'Karnataka' in 1973. With an area of 191, 976 km², it is the seventh largest state in India. Kannada is the most widely spoken and the official language of the state. Karnataka has been home to some of the most powerful empires of ancient and medieval India such as the Kadambas and Chalukyas. The state consists of many language dialects and cultures with a variety of traditional music and dance forms, the Yakshagana dance-drama of coastal Karnataka being a prominent theatrical art form.

Karnataka has a parliamentary system of government with two democratically elected houses, the Legislative Assembly and the Legislative Council. The state has three main geographical zones -the coastal region of Karavali, the Western Ghats and Deccan plateau.

Bengaluru

Bengaluru is known for its pleasant weather and friendly people. Job opportunities and economic growth have made the city a melting pot of cultures. It is not uncommon to meet people from around the world living in Bengaluru for long durations.

Bengaluru still retains many green spaces like gardens and parks (such as Lalbagh, Cubbon Park), which were established pre-independence.

The city is a celebrated hub for fine and performing arts, with places like Chitrakala Parishad and Ranga Shankara providing platforms for cultural expression. Bengaluru is amongst the top 10 preferred entrepreneurial locations in the world. Previously known as the 'garden city', Bengaluru is now the IT capital of India, housing the headquarters of Infosys and Wipro – the technology companies that put India on the global economic map. Buses, auto-rickshaws and cabs are common modes of transport in the city.



Things to keep in mind

What you need to bring to the workshop?

- To ensure a productive and fruitful workshop, we kindly ask you to bring potential teaching materials in digital or hard copies for your e-project, including but not limited to:
 - A few questions you can create an interactive quiz (including feedback) (Day 1 afternoon session).
 - Teaching material on particular topic (e.g. ppt) based on which content experts can create a 5-10 mins webinar (video recording) (Day 2 afternoon session).
 - Materials based on which you can further develop and create one or a few online activities for your e-project (Day 2-3 sessions).
- **Please note, you will need to carry your laptops to the workshop. If you have tablets or iPads, do feel free to bring them along.**

Flight Tickets & Visa



- Your flight tickets have been booked and confirmed. Kindly make sure you **carry your passport and a hard copy of your flight tickets and visa.**
- Please make sure you are at the airport **two and a half hours** before your flight departure time.

Airport Transfers



- You will be picked up at the Kempegowda International Airport by the hotel's car and dropped off at the hotel, where you will be staying. The driver will have a clearly marked signage – a board stating your name and organisation.
- **Kindly note, the driver will meet you at the arrival entrance.**
- Please ignore individuals who approach you to offer transport arrangements. If you confront any problem on your arrival, please get in touch with the coordinators listed at the end of the document.
- You can use the public (and private) phone booths located at various places at the airport building to make local calls. You will need Indian currency for this (preferably some small change). For any assistance, you can contact reception desk at Airport located near arrival gate.



Per Diem



- A nominal per diem will be paid to cover your dinner, when meals are not provided. ITM Antwerp personnel will claim back from ITM once back to Belgium.
- Kindly note, per diems will not be paid immediately on arrival, so please make sure you make arrangements for the same.
- The per diem will be paid by the Support team on 26th October (Monday).

Social Dinner



- A social dinner has been arranged on 27th October at 18:30. We shall gather at the hotel entrance for the same, the coordinators will follow up with regards to this.
- To and fro travel to the venue will be covered by the host organisation.

Currency, Foreign Exchange & Bank Information



- The Indian currency is Indian National Rupee (INR) and paise (ps). Bengaluru city has a modern banking system and most shops, hotels accept credit and debit cards. There are a widespread of ATM's across the city that you can use.
- Currency can be exchanged at the airport and at banks. Banks are open from Monday to Saturday, timings vary for most banks. (Usually, Mon – Friday from 9:30 – 13:30; Saturday from 9:30 – 12:00)

Weather



- The city offers a pleasant weather, which is fluctuant between warm afternoons (30° to 34° Celsius) to windy, heavy rains in the evenings.

Other Information

- We would recommend to have Bottled water/mineral water at all times.
- For electricity usage, the standard for Indian plugs are three pronged and electrical sockets is 220VAC/50Hz.



An example picture of what type of adapter you will need to carry

- Any health related issues, please get in touch with the coordinators immediately.

Contact Details of Coordinators:



Samantha Lobbo,
+919902071782



Aneesha Ahluwalia,
+918861690548

**Please feel free to contact the coordinator at any given time for anything at all. Kindly save the above numbers.*

Hotel Details:

Fairfield by Marriott,

No:1/2, Golden Heights Building, 59th C Cross, 4th M Block, Rajajinagar, Behind Turtle Mall, Bengaluru, Karnataka 560010

Phone: 080 4947 0000

For information regarding tourist places in and around Bangalore,

Browse through tourism department website to know more about Karnataka:

http://www.karnatakaturism.org/About_Karnataka_Bangalore.htm

For information regarding Bangalore map please visit

<http://www.mapsofindia.com/maps/karnataka/bangalore-map.htm>



For information regarding your hotel please visit the website Fairfield by Marriott, Bengaluru at <http://www.marriott.com/hotels/travel/blrfb-fairfield-by-marriott-bengaluru-rajajinagar/>

For information regarding tourism in Karnataka please visit the official website <http://www.karnatakaturism.org/>